



Your Second Chance to Keep the Family in Mind!

Back by popular demand, with new and improved contents, the 2nd Edition of the Keeping the Family in Mind Resource Pack can be yours for only **£34.99** plus postage and packing. The pack is aimed at anyone who works with parents with mental health difficulties, their children and their families, and is designed to raise awareness of the issues that they face.

'Telling it like it is' film is at the heart of the pack. This 15 minute DVD conveys key issues, promotes understanding and insight, all from a young person's point of view. The pack also contains visual aids such as postcards and posters, as well as reports, booklets and advice sheets.

All the resources - the film, the postcards and the booklets - have been written and produced with the participation of children and young people themselves.

"We have got lots to say; the challenge is to really listen to us and only then can we all work together to make things better for us and our families." -

(Young Carers, Barnardos Action with Young Carers Liverpool)

If you want to find out how to order this pack and about other relevant resources, please go to:
http://www.barnardos.org.uk/research_and_publications

What people said about the 1st Edition:

"The training materials are brilliant, they inspire, motivate and offer hope ... I know that it is being widely used by people in child and adolescent services." -

(Mike Shooter, Former President of the Royal College of Psychiatrists)

"I imagine all universities providing social work training would be interested in the pack as it provides a child's perspective which can often not be provided directly in training." -

(Nora McClelland, University Teacher (Social Work))

"I think the great strength and selling point is the family focus and approach." -

(Jo Tunnard, Independent Trainer, Research in Practice)

To find out more about the work of the Keeping the Family in Mind Project please contact:

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To find out more about Care Services Improvement Partnership's (CSIP) work on parental mental health please contact: Clare Mahoney on

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Barnardo's Keeping the Family in Mind (KFIM) is a development project which has grown out of Barnardo's Action with Young Carers Project in Liverpool. One of its objectives is to increase awareness and understanding of the effects of adult mental ill health upon the whole family, especially children.