



Mental Health and Parenting- with perinatal view

Thursday 9 December 2022

Programme

9.30 - 9.45	Introductions, learning outcomes housekeeping
9.45 - 10.00	Break out rooms connecting
10.00 - 10.15	Terminology, policy, assessment
10.15 - 10.45	Epigenetics/ACES, trauma informed approach
10.45 - 11.00	Break
11.00 - 11.15	Supporting parents, infant brain development
11.15 - 11.45	Risk factors for mental illness in parents
11.45 - 12.00	Group discussion using chat mental health conditions
12.00 - 12.30	Lunch
12.30 - 13.00	A look at depression/anxiety
13.00 - 13.30	Fathers
13.30 - 14.00	Psychosis, personality disorder and other conditions
14.30 - 15.00	Scenarios using chat function
15.00 - 15.15	Break
15.15 - 16.15	Risk, safeguarding, support
16.15 - 16.30	Questions